

# SPELL

## Support for Play & Early Learning in Lanarkshire

SPELL will be closed from 1<sup>st</sup> April to Tuesday 18<sup>th</sup> April 2017. If you need to get hold of us urgently we will be checking our emails during this time so please email us at [spell.org@btopenworld.com](mailto:spell.org@btopenworld.com) Any non-urgent emails we will respond to on our return.

## Happy Easter



### Training Programme

We have a limited number of spaces on our Basic First Aid Training for Parents on Saturday 22<sup>nd</sup> April, 10am - 2pm at Cathkin Community Wing, Cathkin. If you would like to book a place please contact Wendy on 01698 768944.

### Play Activities

Groups have been very busy booking their Free Play Activity this year. We are now full for April and have limited spaces available for May and June.

### NSPCC

Last year the NSPCC launched a campaign delivering a fun but serious message about preventing abuse and staying safe. A potentially awkward subject for parents and carers to broach with their children - the PANTS song can help them deliver the message. The song is aimed at children aged 4 years and over. Click here to access the song and other information from the NSPCC site.

[NSPCC Preventing Abuse PANTS Song](#)

### Group News

#### New Groups

**Cambuslang & Rutherglen Childminding Group**  
Eastfield Community Centre, Cambuslang  
Fridays 9.30am - 11.30am

**Swaddle Mama Meet up**  
42 Castle Street, Hamilton  
Fridays 10am - 11.30am

#### Name Changes

The Blantyre Childminding Group have changed their name and are now known as Dolly Mixtures.

Carlukel Lifestyle Toddlers have changed their name to Little Stars Parent & Toddler Group

#### Fundraising Events

Leadhills Parent and Pre-School Group are holding their annual Easter Toddle Waddle and Fun Day on 2<sup>nd</sup> April, 12pm-3pm at Wanlockhead Community Centre. Please feel free to go along and support them.

#### Crossford Playgroup - Open Day

On 10<sup>th</sup> March Crossford Playgroup hosted an open day with a SPELL clay activity which was a great success. If you are interested in the Playgroup, please contact us for details.



## Speech & Language Advice

For parents who are unable to visit one of the NHS drop-in clinics, the Speech & Language department offer a telephone advice line. The advice line is available on Thursdays from 2pm until 4pm. The service is also open to professionals looking for advice.

Telephone Advice Line: 01236 794102

## South Lanarkshire Leisure & Culture

If you are pregnant or have a young baby and are looking for ways to keep healthy and keep fit have a look at some of the Early Years activities South Lanarkshire Leisure & Culture offer. Classes range from Aqua Natal to Toddler Yoga.

<http://www.slleisureandculture.co.uk>

## Risk Assessments for Outings

Please make sure that if you are planning any outings you carry out a risk assessment on the venue and the type of activities you are doing. As always make sure that there are enough adults per child and that you have your first aid kits and registers with you. If you have any queries please speak to your Support Worker or contact the SPELL office. Above all make sure you have fun! 😊

## Group Committees

If your current committee will be moving on after the Summer Holidays we recommend that after the Easter Break you start looking at who might join your new committee. This will give you time to have a proper handover. Remember that we can help and mentor new committees if required.



## Spring Craft



If you are making cards for Easter or any other occasion, we think these are a lovely idea. You could make the bunch of flowers as little or as large as you want and use different children's handprints. They could make a great Thank You card for a Teacher or Childcare Worker from all the children.

Please remember we would love your feedback on our E-Newsletter and if there is anything you would like us to include in future make sure you let us know.

## SPELL Support Workers

**Katie Campbell** - Hamilton, Blantyre, Bothwell & Uddingston, Cambuslang & Rutherglen  
[katiec.spell@gmail.com](mailto:katiec.spell@gmail.com)

**Christine Smith** - East Kilbride, Larkhall, Strathaven & Stonehouse  
[christines.spell@gmail.com](mailto:christines.spell@gmail.com)

**Lorna Henry** - Clydesdale  
[lorna.spell@gmail.com](mailto:lorna.spell@gmail.com)

# SPELL

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