

# SPELL

Support for Play & Early Learning in Lanarkshire

SPELL has been extremely busy over the last few weeks taking lots of bookings for our training courses, running our outdoor toddler group Little Hedgehogs and arranging lots of play activities for groups. Remember if you are hoping to have your FREE play activity for a specific event / date you must book early. For more details please contact Wendy on 01698 768944 or speak to your Support Worker.

## Little Hedgehogs Outdoor Toddler Group

We are half way through our Little Hedgehogs Group in East Kilbride and so far there has been lots of fun in all weathers. Toasting marshmallows has been a favourite as well as making bird feeders, building hammocks and playing in the mud. Here are some photos of our first few sessions.

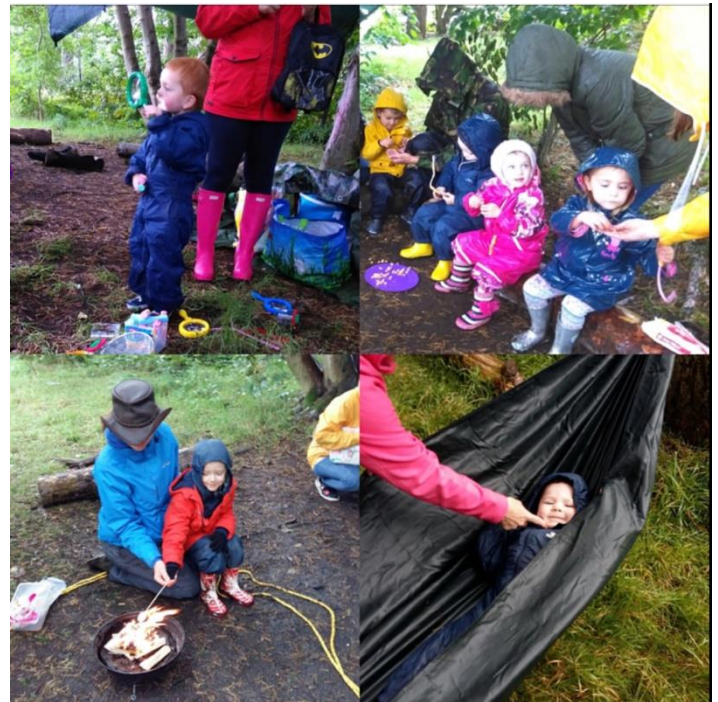
## Eat Better Feel Better



Everyone knows that at one time or another feeding a pre-5 can be challenging. Eat Better Feel Better is a great website that can help you make changes to how you shop, cook and eat, so you and your family can eat better and feel better. The website offers recipes, tips and advice and can be found at [www.eatbetterfeelbetter.co.uk](http://www.eatbetterfeelbetter.co.uk)

## Arts & Crafts at Halloween

Arts and crafts with hand and footprints is always popular because they make great keepsakes. Here are some of SPELL's favourite Halloween art but you can find lots of different ideas online and on Facebook pages such as [@ArtyKraftyKids](https://www.facebook.com/ArtyKraftyKids)



Our next Little Hedgehogs Outdoor Toddler Group will be running on Tuesdays starting on 7<sup>th</sup> November at Overtoun Park in Rutherglen. As before the group will run once a week for a 6 week period. Little Hedgehogs is funded by The Big Lottery and will be free of charge. For more information on Little Hedgehogs Overtoun Park please email [littlehedgehogs.spell@gmail.com](mailto:littlehedgehogs.spell@gmail.com)



## Group News

Please make sure that you have completed a contact form so that we have up-to-date information for your group. We get lots of enquiries about groups across South Lanarkshire and we want to make sure that the information we give out is correct and current. Your Support Worker can provide you with your contact form to make any changes or we can send one out to you.

## SPELL Training Programme

We have once again received a lot of interest in our Training Programme however we still have a few spaces on our Grief and Bereavement in Early Years Settings on 22<sup>nd</sup> November 12.45pm - 4pm in Hamilton. Although the focus of the course is on loss through bereavement, much of the knowledge gained will transfer out to issues of wider loss and change that young children may encounter. For further information on either of these courses please contact Wendy on 01698 768933 or see our website

[www.spell-lanarkshire.com](http://www.spell-lanarkshire.com)

Courses are FREE however we do ask for a £20 deposit to secure your place. This will be returned to you when you attend the course.

## SPELL Support Workers

**Katie Campbell** - Hamilton, Blantyre, Larkhall, Bothwell & Uddingston, Cambuslang & Rutherglen and East Kilbride

[katiec.spell@gmail.com](mailto:katiec.spell@gmail.com)

**Lorna Henry** - Clydesdale, Strathaven & Stonehouse

[lorna.spell@gmail.com](mailto:lorna.spell@gmail.com)

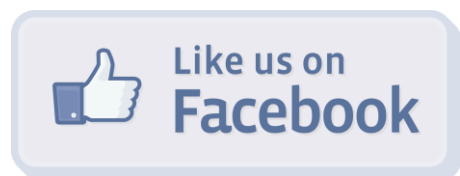
## Photograph and Video Policy

At this time of year you might start to think about hosting events where parents / carers might want to take photographs of their children. Please make sure that all your groups have a photograph and video policy which is given to and signed by all members at the group. Parents / Carers must not be publishing any material on social media sites and the internet that contain images of any other children other than their own as the group has no control over these images once they are in the public domain. For a sample copy of a photograph and video policy please speak to your Support Worker or email the office at [spell.org@btopenworld.com](mailto:spell.org@btopenworld.com)

## Infection and Exclusion Periods

Last year Health Protection Scotland produced the document Infection Prevention and Control in Childcare Settings. Appendix 3 lists the exclusion and incubation periods for when someone is ill which groups might find useful. Click [here](#) to access the document.

Our Facebook Page is always updated with our latest training courses, news on groups and any information that we think our groups will find useful. Please 'LIKE' us on Facebook so you don't miss out on any news.



# SPELL

The Cottage, Beckford Primary School, Auchinraith Avenue, Hamilton, South Lanarkshire ML3 OJQ

Tel 01698 768933 / 768944

Email: [spell.org@btopenworld.com](mailto:spell.org@btopenworld.com)

[www.spell-lanarkshire.com](http://www.spell-lanarkshire.com)

[Facebook Page @SPELLSouthlanarkshire](#)