

SPELL

Support for Play & Early Learning in Lanarkshire

NEWSLETTER

Welcome back, we hope you've had a relaxing summer and are looking forward to the term ahead.

The Autumn term sees a lot of changes at groups with children having left to start nursery and new families joining for the first time. These changes may include a new committee so please make sure you complete a contact form when your Support Workers visits. If you would like a Support Worker to visit your group, please contact them directly to arrange this.

Katie Campbell - Hamilton, Blantyre, Bothwell & Uddingston, Cambuslang & Rutherglen
katiec.spell@gmail.com / 07385380739

Lorna Henry - Clydesdale
lorna.spell@gmail.com / 07385380637

Michelle MacDonald - East Kilbride, Strathaven & Stonehouse and Larkhall
michellemacdonald.spell@gmail.com /
 07385380334

Our Office Email has Changed

Please start using our new email address

office@spell-lanarkshire.com

Please contact the SPELL office for any general enquiries and to book Training and Play Activities.

Training Autumn 2023

We have once again received funding from South Lanarkshire Council to run our training programme for the pre-5 voluntary sector. Courses are FREE to attend and open to all parents, committee members, volunteers and childcare staff who work within baby & toddler groups and playgroups in South Lanarkshire.

To book a place on any of the courses, please call Wendy on 01698 768944 or email office@spell-lanarkshire.com.

<u>Course</u>	<u>Date & Time</u>	<u>Location</u>
Elementary Food Hygiene	Wednesday 13 th September 9.30am - 4.30pm	Virutal (Zoom)
Paediatric 1 st Aid	Monday 9 th October 9.30am - 4.30pm	Uddingston
Emergency First Aid for Parents & Carers	Saturday 28 th October 10am - 1pm	East Kilbride
Emergency First Aid for Parents & Carers	Saturday 11 th November 10am - 1pm	Hamilton
Introduction to Makaton	Thursday 5 th October 10am - 12pm	Hamilton
Introduction to Outdoor Play	Tuesday 7 th November 10am - 12pm	Hamilton

Little Hedgehogs

We are delighted to announce details of our next Little Hedgehogs Outdoor Toddler Group in Hamilton. Little Hedgehogs consists of 4 sessions designed to build on the needs and development of the children. It is fantastic to watch the children (and parents and carers) grow in confidence over the 4 sessions. The sessions are child led with different activities set out for them to try as many, or as few as they like. Little Hedgehogs is FREE to attend but booking is essential. The group is open to residents of South Lanarkshire. For health and safety, we ask that adults attend with a maximum of 2 children. If you have more children, an extra adult should accompany them. To see photos of previous sessions, please visit our Facebook page [@SPELLSouthlanarkshire](#).

To request a booking form please email littlehedgehogs.spell@gmail.com

Useful Links for Groups and Families with Children 0-5 years

www.parentclub.scot - For Baby Box and all your parenting needs. Helpful information on sleeping, eating, play, speech and behaviour.

www.playscotland.org Play Scotland provides ideas and activities on how to support children develop through play.

www.southlanarkshire.gov.uk/find-funding Funding search for community groups seeking funding.

Facebook Pages

[Fathers Network Scotland](#) Page dedicated to Dad's including information on meet-ups and training courses.

[NHS Lanarkshire Mums & Babies](#) Information on local breastfeeding groups and weaning.

[South Lanarkshire Early Learning and Childcare](#) South Lanarkshire Council's Early Years team manage this page with lots of useful information about Early Learning in South Lanarkshire.

Play Activities

SPELL are delighted to welcome Helen and Stephanie who are joining SPELL's fantastic Play Tutor team. Helen and Stephanie, together with Barbara, Kim and Lorna offer a variety of activities which we are able to bring to your groups. Activities are carefully designed using the Curriculum for Excellence and require parent / carer participation. We are pleased to be able to offer one FREE play activity to all groups registered with SPELL. For a full list of our play activities please visit our website at www.spell-lanarkshire.com

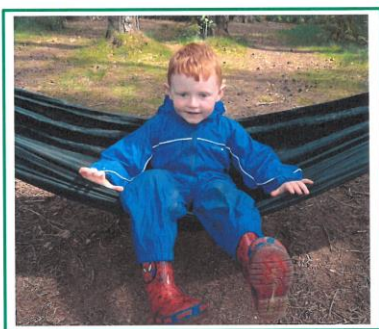
SPELL



Little Hedgehogs Outdoor Toddler Group

Bothwell Road Park, Hamilton

Tuesdays 5th, 12th, 19th and 26th September 2023



BLOCK A: 10am - 11.30am BLOCK B: 12.30pm – 2.00pm

The booking is to attend all 4 dates and is open to residents of South Lanarkshire. The sessions are FREE and booking is ESSENTIAL.

Parents and carers stay at the sessions with their children.
We ask that 1 adult should have a maximum of 2 children with them.

For more information or to book a space please email us at littlehedgehogs.spell@gmail.com stating whether you wish to book a space on BLOCK A or BLOCK B. A booking form will be emailed to you and your booking will be confirmed when we receive your completed form back.



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