



## Support for Play & Early Learning in Lanarkshire

SPELL has been extremely busy over the last few weeks taking bookings for our training courses, running our Little Hedgehogs outdoor toddler group and arranging lots of play activities.

Please remember that if you are hoping to have your FREE Play Activity for a specific event or date, you need to book early to avoid disappointment. Please contact Wendy on 01698 768944 or [spell.org@btopenworld.com](mailto:spell.org@btopenworld.com) for details or alternatively, speak to your Support Worker.

### Baby Areas at Toddler Groups

SPELL have received several enquiries from parents and carers looking for groups to attend with their babies. Whilst many groups do welcome babies there are still several that do not have an allocated safe area where babies can play. With the introduction of the increase in funded childcare places at nurseries, and numbers dropping at some of the toddler groups, you might want to consider setting up a designated baby area.

Welcoming parents and carers with young babies can benefit your group as well as those parents and carers that may need a cup of tea and a friendly chat.

### Firework Safety

Despite annual safety warnings, over the past 5 years there have been over 350 pre-school children being treated in hospital for firework injuries. The Scottish Fire and Rescue Service have a very good website and have produced a couple of helpful leaflets to help children and adults stay safe at this time of year. Please visit:

[www.firescotland.gov.uk/your-safety/fireworks-safety](http://www.firescotland.gov.uk/your-safety/fireworks-safety)

In the event of an emergency their advice is:

- ✚ Cool the burn or scald with cold water for at least 10 minutes.
- ✚ Cut around material sticking to the skin - don't pull it off.
- ✚ Don't touch the burn or burst any blisters.
- ✚ Cover the burn with clean, non-fluffy material - cling film is ideal - to prevent infection.
- ✚ If clothing catches fire, get the person to stop, drop to the floor and roll them in heavy material like a curtain.
- ✚ Get advice from your doctor or Accident and Emergency Department at your local hospital.

### Little Hedgehogs Outdoor Toddler Group

We have had a huge amount of interest in our Little Hedgehogs group at Braidwood Pond running at the end of October and both sessions are now FULL. In January we will announce dates of our next Little Hedgehogs group which will be taking place in Rutherglen.



## Group News

There have been quite a few changes within our baby & toddler groups. Children from 3 are maybe attending longer at nursery and to fit in with this some groups have changed their days and times. Please remember to let us know any new times so that we can ensure our information is up-to-date to give new parents or carers wishing to attend the groups.

### East Kilbride Twins & Triplets

EK Twins & Triplets have changed their Friday time. They now run from 10am - 12pm every Friday at Mossneuk Community Wing, Mossneuk Drive, East Kilbride G75 8XQ. For more details please visit their Facebook Page [@East Kilbride Twins & Triplets - Public Page](#)

### Jack and Jill Pre5s Group, East Kilbride

Jack and Jill Pre5s Group have extended their hours. They are now open from 8.45am until 1pm Monday to Friday and are offering 800 hours of funded childcare. They currently have spaces. For more information or to arrange a visit please contact Angie at Jack and Jill's on 01355 235280.

### Little Rainbows, Carluke

Little Rainbows is a new group that has started up in Carluke Lifestyles Centre, Carnwath Road, Carluke, ML8 4DP. The group runs on Wednesdays from 9.30am - 11.30am.

For more information on the group please look at their Facebook Page [@Little Rainbows Carluke](#) or call Debbie on 07548 636429

### Wriggly Rascals Baby & Toddler Group, East Kilbride

Wriggly Rascals are hosting an open day with Bookbug coming to visit on Thursday 24<sup>th</sup> October 9am until 12pm. Wriggly Rascals are a small and welcoming group who meet at St Andrew's Methodist Church, Cedar Drive, Greenhills, East Kilbride G75 8EY. For more information please contact Roseann on 07747162743 or visit their Facebook Page [@Wriggly Rascals Toddler Group](#)

## Training

We still have spaces on the following courses. To book your FREE space please email Wendy at [spell.org@btopenworld.com](mailto:spell.org@btopenworld.com) or call her on 01698 768944. Courses are free and open to all parents; and childcare staff and volunteers who work within toddler groups and playgroups in South Lanarkshire.

Emergency First Aid Training for Parents & Carers - Lanark.

Monday 7<sup>th</sup> October 2019, 10am - 1pm.

Emergency First Aid Training for Parents & Carers - Hamilton.

Saturday 9<sup>th</sup> November 2019, 10am - 1pm.

Personal, Social & Emotional Development - East Kilbride. Tuesday 12<sup>th</sup> November 2019, 9.30am - 12.30pm.

## Play Activities

Please remember that Play Activities are capped at 30 children. If you have a play activity booked please advise if there will be more than 20 children so that a Support Worker can attend the activity to assist the Play Tutor. The number is capped at 30 as any more makes the activity unmanageable and the objectives of the session will not be met. It is important to us that everyone gets the most out of the sessions we deliver. 😊

## Autumn Walks

Have you ever found that your children lose interest when on a family walk? At our Little Hedgehogs group the children had great fun taking their 'dog logs' for a walk. A piece of string or rope tied to the end of the log prevented any boredom. Whilst playing, the children tied their 'dogs' to a tree so they didn't escape and when they found a puddle they were even able to give their dog a drink.

